

## Mission and Vision Statements

### **Mission:**

To enhance the quality of life of ageing adults within their community by promoting wellness and independence through the provision of a safe and caring environment.

### **Vision:**

To be a Centre of excellence providing quality and innovative leadership in programs dedicated to seniors.



*"Taking Seniors to Heart"*



*Celebrating 31 years!*

Visit our website at [www.rencollseniors.ca](http://www.rencollseniors.ca)

Renfrew-Collingwood Seniors' Society

**Renfrew-Collingwood Seniors' Centre**  
2970 East 22nd Avenue  
Vancouver, British Columbia  
V5M 2Y4

Phone: 604-430-1441

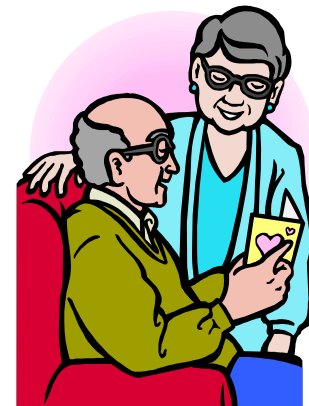
Fax: 604-430-1441

E-mail: [rencollsr@aol.com](mailto:rencollsr@aol.com)

Renfrew-Collingwood  
Seniors' Society

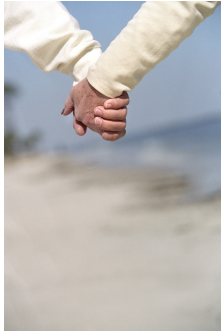
## Community Seniors' Programs

*"Taking Seniors  
to Heart"*



Telephone: 604-430-1441

# Community Seniors' Programs at R.C.S.S.



Joining you and your family to keep seniors well and living in their own community.

**Purpose:** The Seniors' Community Program will provide a coordinated service to seniors that facilitate their participation in a luncheon and activity program which incorporates socialization, education, and recreation for isolated seniors and enhance autonomous, independent living skills in a manner that is inclusive and representative of the community demographics.

## **Program Hours of Operation:**

**Tuesday and Friday**

**10:00 a.m. to 3:00 p.m.**

## **Staffing and Services:**

Our Centre provides professional Administrative Staff, Activity workers and a Cook. Health related and support services include a therapeutic exercise program, foot care and podiatry, health monitoring, caregiver support/education, wellness education, hot meal service and frozen takeouts, community awareness, transportation, and a broad range of recreational opportunities.

## **Participant Information:**

A referral from a health organization is not required.

**Program Costs:** A nutritious noon meal and two snack breaks are offered daily for \$4.00. Transportation when necessary is provided by the Society van or HandyDART @ \$2.00 each way. Program fees of \$2.00 per day may apply. Society membership is required at \$5.00 per annum.

**Program Funding:** Funds to operate the Community Seniors' Programs are provided by the City of Vancouver Community Grants Program, Vancouver Coastal Health SMART fund, and the fund-raising efforts of the Society's members.

## **Core Values:**

- ♥ *Respect*
- ♥ *Integrity*
- ♥ *Honesty*
- ♥ *Compassion*
- ♥ *Laughter*
- ♥ *Team Work*
- ♥ *Accountability*
- ♥ *Quality of Life for Our Clients, Staff, and Volunteers*
- ♥ *A Welcoming, Warm Atmosphere*

*"Taking Seniors to Heart"*



**Charitable Organization Number:**

**#11911 5558 RR0001**

**Renfrew-Collingwood Seniors' Society**

**Renfrew-Collingwood Seniors' Centre  
2970 East 22nd Avenue  
Vancouver, British Columbia  
V5M 2Y4**

**Phone: 604-430-1441**

**Fax: 604-430-1441**

**E-mail: rencollrs@aol.com**